Living and learning

The term Personal, Social and Health Education (PSHE), or – longer still – Personal, Social, Health and Citizenship Education (PSHCE) is often used in the world of education. We use the term 'Living and Learning' – it covers all the aspects covered by PSHCE/PSHCE, but also includes how we promote good learning beliefs and attitudes to learning, too.

This plan outlines broad themes that will be covered. Each week, there is a Living and Learning whole-school statement – see the school calendar for the current statement.



Date: September 2017

Living and Learning: long term plan

	Theme (x1 refers to how many weeks will be spent on the theme / resource)	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Penny Vine circle times	Whole school events
Autumn 1:	Manners x1 Greetings and responses	Manners	Manners	Manners	Manners	Manners	Manners	25, 33	
8Rs for learning	8Rs x5	8Rs	8Rs	8Rs	8Rs	8Rs	8Rs	4, 6, 7, 8, 31	School Council
	Democracy x1	Democracy	Democracy	Democracy	Democracy	Democracy	Democracy		elections 19.10.17
	Rights & Responsibilities x1	R&R	R&R	R & R	R&R	R & R	R&R	13	
	MindMate x1 Being the same, being different	MindMate Being the same, being different	MindMate Being the same, being different	35					
Autumn 2: Identity	Anti-bullying week x1 (All Different, All Equal)	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	12, 14, 36	Anti-bullying week w/c 13.11.17
	Identity x3 Scheme of work (inc Who do you think you are? themed week)	Me and others	Me and others (Y1)	Celebrating difference	Democracy	Stereotypes, discrimination and prejudice (inc tackling homophobia)	Human rights Prevent	5, 13, 15, 17, 18, 19, 20, 32, 34, 35, 37, 39	Who do you think you are? themed week w/c 20.11.17 (every 2 yrs)
	Manners x1 Please and thank you	Manners	Manners	Manners	Manners	Manners	Manners	37, 38	New school charity

	Manners x1	Manners	Manners	Manners	Manners	Manners	Manners		
Spring 1: Drug, alcohol	Not interrupting MindMate x1 Solving problems	MindMate Solving problems	MindMate Solving problems	MindMate Solving problems	MindMate Solving problems	MindMate Solving problems	MindMate Solving problems		Staying Safe themed week (every 2
and tobacco education (DATE)	Drug, alcohol and tobacco education x2 Scheme of work	What do we put into and on to bodies? <i>Nothing</i>	Medicines and me Asthma	Tobacco is a drug	Making choices	Different influences	Weighing up risk	11, 12, 14, 21, 22, 26, 27, 29, 30, 36	years)
Staying safe	Keeping safe and managing risk x2 Scheme of work	Feeling safe	Indoors and outdoors (inc Internet safety)	Bullying -see it, say it, stop it	Playing safe (inc online)	When things go wrong	Keeping safe out and about	6, 11, 15, 26, 27, 28, 30	Safer Internet day (06.02.18)
	Manners x1 Vampire	Manners	Manners	Manners	Manners	Manners	Manners		
Spring 2: Being me	MindMate x1 Feeling good and being me Body image x4	MindMate Feeling good and being me Body image	MindMate Feeling good and being me Body image	MindMate Feeling good and being me Body image	MindMate Feeling good and being me Body image	MindMate Feeling good and being me Body image	MindMate Feeling good and being me Body image	1, 2, 9, 10, 21 1, 2, 9, 10, 21	
	(Oak Cottage)								
Summer 1	MindMate x1 Strong emotions	MindMate Strong emotions	MindMate Strong emotions	MindMate Strong emotions	MindMate Strong emotions	MindMate Strong emotions	MindMate Strong emotions	3, 26, 27, 28	
Summer 1: Healthy minds	Mental health x3 Scheme of work	Feelings	Friendships	Strengths and challenges	Strengths and challenges (Y3)	Dealing with friendships	Healthy Minds	3, 9, 10, 21, 22, 24, 26, 27, 28	
	Careers, financial capability & economic wellbeing x2 Scheme of work	My Money	My Money (Y1)	Saving, spending & budgeting	Saving, spending & budgeting (Y3)	Borrowing & earning money	Borrowing & earning money (Y5)		Money Matters themed week (every 2 yrs)

	MindMate x1	MindMate	MindMate	MindMate	MindMate	MindMate	MindMate	11, 16, 19, 20,	
	Friends and family	Friends and	23, 25, 32, 34,						
		family	family	family	family	family	family	38	
	Relationships x3		Boys and girls,			RSE Growing	Growing up	26, 27, 28	
	Scheme of work		families			up & changing	and changing		
Summer 2:						CSE (Alright	How a baby is		
Relation-						Charlie)	made.		
ships	Physical Health &	Fun times	What keeps	What helps	What is	In the media	In the media	21, 22, 24	Being Healthy
Changes	Wellbeing x1		me healthy?	me choose?	important to		(Y5)		themed week
Changes	Scheme of work				me?				w/c 02.07.18
	(themed week)								(every 2 yrs)
	MindMate x1	MindMate	MindMate	MindMate	MindMate	MindMate	MindMate		
	Life changes and	Life changes		Sports Day					
	transitions	and transitions	and transitions	and transitions	and transitions	and transitions	and transitions		

Living and Learning: weekly statements 2017-2018

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
I greet someone politely.	I understand rights come	I don't interrupt (with my	I cover my mouth (when I	I can name emotions.	I know the difference
	with responsibilities.	mouth or my hand).	yawn, cough, sneeze).		between laughing at and
I show I'm ready to learn. I				I recognise emotions in	laughing with someone.
respond to feedback.	I know we're all the same	I can make things better.	I can say something good	myself and others.	
	and we're all different.		about myself.		I see things from other
I can take a safe risk. I		I know what a drug is.		I show empathy.	people's point of view.
take responsibility.	I know how to STOP		I pay compliments in a		
	bullying.	I am aware of risks.	sensible way.	I can describe ways to	I share and include others.
I am resourceful. I am				calm down.	
resilient.	I know who I am.	I make safe choices.	I receive compliments in a		I tell the truth and say
			sensible way.	I use calming down	sorry if I need to.
I remember what I've	I respect myself and	I stay safe online.		strategies.	
learnt. I reflect on my	others.		I know the difference		I make healthy choices.
learning.			between being proud and	I recognise mental health	
Luce the Q De te help me	I respect my communities		showing off.	is important.	I cope with change.
I use the 8 Rs to help me	and other communities.				Leave wefferet and leads
learn.	Loov 'places' and 'thank		I recognise my talents.		I can reflect and look
l know l live in a	I say 'please' and 'thank				ahead.
	you'.				
democracy.					