

## Living and learning 2020-2021

Healthy eating (see Design Technology - food technology)

	Living and learning theme	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Penny Vine circle times
<b>Autumn 1</b>	<b>Manners x1</b> Greetings and responses	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	25,33
	<b>8Rs for learning x2</b>	8Rs	8Rs	8Rs	8Rs	8Rs	8Rs	4,6,7,8,31
	<b>MindMate x1</b> Friends and family	<b>MindMate</b> Friends and family	<b>MindMate</b> Friends and family	<b>MindMate</b> Friends and family	<b>MindMate</b> Friends and family	<b>MindMate</b> Friends and family	<b>MindMate</b> Friends and family	11,16,19,20,23,32,34,38
<b>Relation- ships</b>	<b>Mental health x3</b> Scheme of work/PSHE association/ Anna Freud/Every Mind Matters	Understanding our emotions	Friendships	Everyday feelings	Managing feelings	Mental health and keeping well	Healthy Minds	3,9,10,21,22,24,26,27,28
<b>Autumn 2</b>	<b>Manners x1</b> Vampire method (hygiene)	Manners	Manners	Manners	Manners	Manners	Manners	
	<b>MindMate x1</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	35
	<b>Anti-bullying week x1</b> <i>w/c 16.11.20 United against bullying</i>	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	12,14,26,27,29,30,36,39
	<b>MindMate x1</b> Strong emotions	<b>MindMate</b> Strong emotions	<b>MindMate</b> Strong emotions	<b>MindMate</b> Strong Emotions	<b>MindMate</b> Strong emotions	<b>MindMate</b> Strong emotions	<b>MindMate</b> Strong emotions	3,26,27,28
	<b>Relationships x3</b> Scheme of work	Families NSPCC Pants rule	Caring for others Different families	Male & female animals/children Changing from young to old	Human life cycle Stereotypes	RSE mini topic Changing adolescent body	RSE mini topic Growing up and changing How a baby is made.	26,27,28

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<b>Spring 1</b>  <b>Living in the wider world</b>	<b>Manners x1</b> Not interrupting	Manners	Manners	Manners	Manners	Manners	Manners	31
	<b>Democracy x1</b> <i>School Council elections (homework)</i>	Democracy	Democracy	Democracy	Democracy	Democracy	Democracy	
	<b>Rights &amp; Responsibilities x1</b>	Rights & Responsibilities	Rights & Responsibilities	Rights & Responsibilities	Rights & Responsibilities	Rights & Responsibilities	Rights & Responsibilities	13,15,17,18
	<b>Identity x2</b> Scheme of work <i>Voting for new school charity (homework)</i>	Me and others	Me and others (Y1)	Celebrating difference	Democracy	Stereotypes, discrimination and prejudice	Human Rights Prevent	5,13,15,17,18, 19,20,32,34,35, 37,39
	<b>Internet safety x1</b> <i>Safer Internet Day 09.02.21 dside internet safety</i>	Safer Internet Day	Safer Internet Day	Safer Internet Day	Safer Internet Day	Safer Internet Day	Safer Internet Day	
<b>Spring 2</b>  <b>Living in the wider world</b>	<b>Manners x1</b> Saying sorry	Manners	Manners	Manners	Manners	Manners	Manners	
	<b>Keeping safe &amp; managing risk x2</b> Scheme of work <i>(inc link to Computing topic) NSPCC Speak out Stay Safe assembly (homework)</i>	Feeling Safe	Indoors and outdoors	Bullying -see it, say it, stop it	Playing safe (inc online)	When things go wrong	Keeping Safe out and about	6,11,15,26,27, 28,30
	<b>First aid x1</b>	First Aid	First Aid	First Aid	First Aid	First Aid	First Aid	
	<b>Money education Lifesavers x2</b> <i>(homework)</i>	Where does our money come from? P9 How can we look after our money? P9	What can we use our money for (inc charity)? P10 How does money make us feel? P10	How does our money help other people? P12/13 What can we use our money for? P11	How can we look after our money? P12/13 What can we use our money for? P11	Where does our money come from? P10 How does our money help other people? P11	Where does our money come from? P11 How can we look after our money? P16	

	<b>Living and learning Theme</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Year 4</b>	<b>Year 5</b>	<b>Year 6</b>	<b>Penny Vine circle times</b>
<b>Summer 1</b>  <b>Healthy me</b>	<b>Manners x1</b> Table manners	Manners	Manners	Manners	Manners	Manners	Manners	
	<b>MindMate x1</b> Solving problems <i>(homework)</i>	<b>MindMate</b> Solving problems	<b>MindMate</b> Solving problems	<b>MindMate</b> Solving problems	<b>MindMate</b> Solving problems	<b>MindMate</b> Solving problems	<b>MindMate</b> Solving problems	2,3,30,31,34,39
	<b>Health &amp; prevention x2</b>	Health & prevention	Health & prevention	Health & prevention	Health & prevention	Health & prevention	Health & prevention	21,22,24
	<b>Drug, alcohol and tobacco education x2</b> Scheme of work <i>dside drug education (homework)</i>	What do we put into and on to our bodies? <i>Nothing</i>	Medicines and me  Asthma	Tobacco is a drug	Making choices	Different influences	Weighing up risk	22,26,27
<b>Summer 2</b>  <b>Healthy me</b>       <b>Changes</b>	<b>Body image x2 (x3 Y5/Y6)</b> Oak Cottage	Body image	Body image	Body image	Body image	Body image	Body image	1,2,9,10,21
	<b>MindMate x1</b> Feeling good and being me <i>(homework)</i>	<b>MindMate</b> Feeling good and being me	<b>MindMate</b> Feeling good and being me	<b>MindMate</b> Feeling good and being me	<b>MindMate</b> Feeling good and being me	<b>MindMate</b> Feeling good and being me	<b>MindMate</b> Feeling good and being me	1,2, 9,10,21
	<b>Physical Health &amp; Wellbeing x3</b> Scheme of work (link to science – animals including humans) <i>Sports day Happy &amp; healthy themed week Pupil/parent health questionnaire homework</i>	Fun times	What keeps me healthy?	What helps me choose?	What is important to me?	In the media		21,22,24
	<b>MindMate x1</b> Life changes and transitions <i>(homework)</i>	<b>MindMate</b> Life changes and transitions	<b>MindMate</b> Life changes and transitions	<b>MindMate</b> Life changes and transitions	<b>MindMate</b> Life changes and transitions	<b>MindMate</b> Life changes and transitions	<b>MindMate</b> Life changes and transitions	<b>Y6 secondary school transition (x3)</b> NSPCC Making sense of relationships

## Weekly Living and Learning statements 2020-2021

Autumn 1 X7	Autumn 2 X7	Spring 1 X6	Spring 2 X6	Summer 1 X6	Summer 2 X7
<p>I greet someone politely.</p> <p>I know the 8Rs for learning.</p> <p>I use the 8 Rs to help me learn.</p> <p>I listen to, share with and include others.</p> <p>I can talk about my feelings.</p> <p>I can describe and use self-care techniques.</p> <p>I recognise mental health is important.</p>	<p>I cover my mouth (when I yawn, cough, sneeze).</p> <p>I know we're all the same and we're all different.</p> <p>I know how to STOP bullying.</p> <p>I recognise emotions in myself and others.</p> <p>I recognise that friends and family are important.</p> <p>I know how to be a good friend.</p> <p>I tell the truth and say sorry if I need to.</p>	<p>I don't interrupt (with my mouth or my hand).</p> <p>I take part in democratic decisions.</p> <p>I understand rights come with responsibilities.</p> <p>I respect myself and others.</p> <p>I respect my communities and other communities.</p> <p>I make safe choices, including online.</p>	<p>I say 'please' and 'thank you'.</p> <p>I can assess my own risks.</p> <p>I know how to seek help.</p> <p>I know how the emergency services can help.</p> <p>I understand the difference between needs and wants.</p> <p>I make choices about my money.</p>	<p>I use good table manners.</p> <p>I can solve a problem.</p> <p>I recognise the importance of personal hygiene including handwashing.</p> <p>I know the importance of sleep.</p> <p>I know what a drug is.</p> <p>I understand some drugs can be harmful.</p>	<p>I pay and receive compliments in a sensible way.</p> <p>I know what consent is.</p> <p>I can say something good about myself.</p> <p>I know that being active is mentally and physically healthy.</p> <p>I know the difference between being proud and showing off.</p> <p>I make healthy choices.</p> <p>I know how to cope with change.</p>