

Moortown Primary School
Shadwell Lane
Leeds, West Yorkshire,
LS17 6DR

Health and Wellbeing Service
Children and Families Dept
Leeds City Council
Adams Court,
Kildare Terrace
Leeds
LS12 1DB

Email: schoolwellbeing@leeds.gov.uk
Date: 1st April 2023

Dear David, Claire and Caroline,

Thank you for inviting me into your school to carry out a Healthy Schools validation visit on 30th March 2023.

Based on the findings of the visit, I am pleased to confirm your continued Healthy Schools status. Thank you for continuing to support the Healthy Schools agenda and for continuing your work in the core 4 areas of health and wellbeing, for the benefit of the pupils and whole school community.

During the visit there were many examples of excellent practice including:

- **The passion, dedication and 'can do' approach of the Health lead.** As a result of strong leadership and staff's commitment to developing the whole child, the Healthy Schools framework is an integral part of school life. Great time and effort are put into ensuring that every opportunity to improve the health and wellbeing of the whole school community, is utilised which is reflected in the school aim – to be a happy and healthy place to learn.
- **The excellent links and communication with parents to ensure they are part of the school community.** A very detailed website provides a wealth of information, the class news pages provide a great insight into the learning that is taking place. Weekly Living and Learning statements are shared with parents along with information to encourage parents to have discussions at home. Regular Health updates keep parents informed about events and activities and parents have an opportunity to share their views at the end of the pupils' health survey. Parent sessions are run to share the RSE learning that takes place.
- **The work that has been carried out to create a bespoke PSHE curriculum that is needs led.** PSHE has a high profile in school and is very well led and managed. The Health lead has worked hard to build an impressive curriculum that meets the statutory guidance and beyond, is spiral and progressive, includes texts matched to topics and is built around the needs of the pupils and the local community. Pupil voice plays an important role in influencing the curriculum through the effective use of the My Health, My School survey data, the school's own pupil health survey and through the Junior Leadership Team who have Health on the agenda at each meeting. The curriculum is enhanced with a wide variety of visitors and carefully planned themed days/weeks. Staff receive valuable training and support which ensures that they are confident in their delivery.

- **The importance placed on Internet safety.** A curriculum has been carefully designed to ensure that all pupils receive the knowledge and skills needed to stay safe online. Lessons are regular and parents are kept up to date with information on how to keep children safe when online at home.
- **The drive to ensure that all pupils are physically active.** PE, physical activity and school sport are an integral part of Moortown Primary. The Health lead shows great passion and determination to ensure that opportunities to be active and to participate are available to all. A wide range of after school clubs are available, with pupil and parent voice influencing what is on offer, daily Wake Up Shake Up sessions are run by pupils, Sport leaders run lunchtime activities and there are many opportunities to take part in competitions. As a result, the school has achieved the Platinum Schools Games Mark. The outdoor space is used creatively and has a range of different equipment, including the MUGA and the newly installed trim trail. Active travel is encouraged at every opportunity through Big Walk and Wheel. All year groups receive bike, scooter or pedestrian training and there is ample storage for bikes and scooters. The PE and Sports premium is used very effectively to ensure that the impact is sustainable. Staff help children understand the importance of being active but also use physical activity as a further opportunity to embed learning behaviours and the school values.
- **The excellent bespoke cooking and nutrition curriculum.** The Health lead has created a well thought out curriculum that incorporates the core competences and cooking skills progressively across year groups. Staff have received training, are provided with plans and recipes to follow and a designated area with a range of equipment has been created. This impressive approach provides a wealth of opportunities for pupils to develop their cooking skills and build their knowledge of healthy eating. Recipes are sent home and many pupils have reported recreating dishes with their families.
- **The whole school approach to support social, emotional, and mental health is excellent.** SEMH lessons are an integral part of the Living and Learning curriculum. Weekly circle time sessions are planned to link to the weekly statements, where appropriate, but can also be used to respond to any concerns pupils raise through Living and Learning boxes or in response to local or national events. Inclusion, diversity and respect are core elements of Moortown Primary. The promotion of British Values is a thread throughout the curriculum and beyond, children are taught about the protected characteristics and the diversity within the school community is celebrated. There is a real sense of nurture and belonging felt across school. The Start Telling Other People motto not only applies to incidents of bullying but for any concerns that pupils have. Children are asked to think about their trusted adults to ensure that everyone knows who to go to for support should they need it. Behaviour on the day was exceptional. After an energetic Wake Up Shake Up session on the playground, pupils went sensibly back to classrooms and immediately settled back to their work. This is clearly a well embedded system.

Your Healthy Schools status is valid for three years. During this period, we hope you will be able to share some of the excellent practices you showcased during the visit with other schools and colleagues from across the city.

Kind regards
Sheryll Carter
Healthy Schools Advisor