

**definition** (in easy to understand language)

*ascend* means to go up, or climb up

**synonyms** (words that mean the same)

climb  
go up  
mount

**antonyms** (words that mean the opposite)

descend – If you use this word in all of my good examples, it'll make sense. It just means go down, or climb down.

The word:

**ascend**  
**ascended**

**picture**



**In a sentence...**

**good example**

*I ascended the stairs to my bedroom.* (I climbed up the stairs.)

*The lift ascended up to the sixth floor.* (The lift went up to the sixth floor)

*Ascend the mountain.* (Climb the mountain.)

**bad example**

*I looked ascended.* (It doesn't work as a direction, like 'up' can).

*Ascend up the mountain.* (Ascend means go up, so this sentence means 'Go up up the mountain.' – don't bother saying it twice!)

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**picture**

**The word:**

**In a sentence...**

**good example**

**bad example**

